

## Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Choice 1 (Red)</b>	Spicy Cajun Chicken with Baked Jacket Wedges	Beef Spaghetti Bolognese	Chicken and Stuffing, Roast Potatoes and Gravy	Cottage Pie	Fish Fingers with Chips & Tomato Sauce
<b>Main choice 2 (Green)</b>	Sweet & Sour Quorn Vegetable Noodles	Homemade Cheese & Tomato Pizza (wholegrain base)	Roast Quorn with Stuffing Roast Potatoes and Gravy	Vegetarian Tortilla Layer	Roasted Vegetable & Mozzarella Tart with Chips
<b>Main Choice 3 (Yellow)</b>	Tuna & Sweetcorn Roll	Jacket Potato with Bolognese or Baked Beans	Tuna & Salmon Pasta	Jacket Potato with Cheese or Tuna Mayo	Vegetarian Balti Burrito
<b>Vegetables</b>	Broccoli Florets Sliced Carrots	Sweetcorn Homemade Chunky Coleslaw	Cauliflower Florets Sliced Carrots	Sliced Green Beans Sweetcorn	Baked Beans Garden Peas
<b>Main Desert</b>	Fruit Crumble with Custard	Lemon Drizzle Cake	Fruit Jelly	Chocolate & Beetroot cake	Fruit & Ice Cream

**Dates: 31/10, 21/11, 12/12, 02/01, 23/01, 20/02, 13/03**

## Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Choice 1 (Red)</b>	Sticky Barbeque Pork Sausages with Mashed Potato	Chicken and Coconut Curry with Rice	Roast Lamb with Mint Sauce Roast Potatoes & Gravy	Beef Chilli Con Carne Wholegrain Rice & Homemade Garlic Bread	Fish Fingers with Chips & Tomato Sauce
<b>Main choice 2 (Green)</b>	Vegetable Biryani with Cucumber Raita	Homemade Cheese & Tomato Pizza (wholegrain base)	Roast Quorn with Stuffing Roast Potatoes and Gravy	Baked Bean Lasagne with Homemade Garlic Bread	Quorn Sausage with Chips & Tomato Sauce
<b>Main Choice 3 (Yellow)</b>	Cheese & Cucumber Wholemeal Bap	Jacket Potato with Salmon Mayo or Baked Beans	Vegetable Bean Pasta	Jacket Potato with Chilli or Tuna Mayo	Tuna & Sweetcorn Roll
<b>Vegetables</b>	Broccoli Florets Sliced Carrots	Sweetcorn Garden Peas	Roast Parsnips Sliced Carrots	Sweetcorn Homemade Chunky Coleslaw	Baked Beans Garden Peas
<b>Main Desert</b>	Swedish Apple Cake	Fruit & Frozen Yoghurt	Chocolate Shortbread	Tropical Cake with Custard	Fruit Jelly

**Dates: 07/11, 28/11, 19/12, 09/01, 30/01, 27/02, 20/03**

## Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Choice 1 (Red)</b>	Caribbean Chicken Casserole with Couscous	Lamb & Potato Curry with Wholegrain Rice	Pork & Apple Sauce Roast Potatoes & Gravy	Chicken & Tomato Pasta	Fish Fingers with Chips & Tomato Sauce
<b>Main choice 2 (Green)</b>	Vegetarian Mince Spaghetti Bolognese	Homemade Cheese & Tomato Pizza (wholegrain base)	Quorn & Vegetable Wellington Roast Potatoes and Gravy	Macaroni Cheese	Spicy Vegetable Fajitas with Chips
<b>Main Choice 3 (Yellow)</b>	Jacket Potato with Tuna Mayo or Cheese	Jacket Potato with Curry or Tuna Mayo	Quorn Noodle Stir Fry	Taco Shell filled with Quorn Chilli	Jacket Potato with Tuna Mayo or Baked Beans
<b>Vegetables</b>	Roasted Mix Peppers Garden Peas	Sweetcorn Garden Peas	Sliced Green Beans Broccoli Florets	Sliced Carrots Sweetcorn	Baked Beans Garden Peas
<b>Main Desert</b>	Chocolate Orange Fudge Cake	Fruit Jelly	Fruit & Ice Cream	Black Forest Flapjack	Anzac Biscuit

**Dates: 14/11, 05/12, 16/01, 06/02, 06/03, 27/03**

Seasonal salad selection, bread, fresh fruit, yogurts, water & milk will be available daily.